



## Calmer, Easier, Happier Parenting: The Revolutionary Programme That Transforms Family Life (Paperback)

By Noël Janis-norton

Hodder Stoughton General Division, United Kingdom, 2016. Paperback. Book Condition: New. 196 x 130 mm. Language: English . Brand New Book. Simple strategies for a happier home and more cooperative kids. For children aged 3-13. Finally, a revolutionary programme that gives you simple steps to take the daily battles out of parenting. These strategies resolve one of parents biggest frustrations: getting your children to listen and do what you ask, the first time you ask. When children are at their best, it is easy to get along with them and enjoy them. However, when they are defiant, argumentative or disrespectful, it is easy to get wound up, to argue back, threaten, nag or shout. If this sounds like the situation in your home too much of the time, then Calmer, Easier, Happier Parenting is for you. When you use these strategies, not only will your children become more cooperative, but also more confident, self-reliant and considerate. Learning new skills like Preparing for Success, Descriptive Praise and the Never Ask Twice method can transform your relationship with your child in a short space of time and help bring the joy back into family life. Full of examples and real stories from...



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