



## The Fresh Honey Cookbook: 84 Recipes from a Beekeeper's Kitchen

By Laurey Masterton

Storey Publishing LLC. Paperback. Book Condition: new. BRAND NEW, The Fresh Honey Cookbook: 84 Recipes from a Beekeeper's Kitchen, Laurey Masterton, Honey is one of nature's most versatile ingredients. Prized as a natural sweetener and also known for boosting energy, strengthening the immune system and alleviating ailments from insomnia to sore throats and allergies, it's a bonus that honey also tastes so good. Honey varieties, from orange blossom to tupelo and avocado are featured in recipes such as Papa's Salad with Clementines, Pork Tenderloin with Orange Blossom Honey-Mustard, Coconut Macaroons with Dried Cherries, Laurey's Sweet Potato Salad with Sourwood Honey, Vermont-style Summer Squash Casserole, and Grilled Summer Peaches. From Winter to Summer, Spring to Autumn, honey adds a lovely floral note to sweet and savoury dishes. The Fresh Honey Cookbook gives honey bees their due with informative sidebars about bees and beekeeping. Readers will learn why bees make honey, how it's harvested and what they can do to help the bee population. This is an appreciation of both bees and the honey they produce, making it the perfect gift for cooks, beekeepers, or anyone who wants to enjoy the benefits of eating honey.



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### Reviews

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*Basically no words to describe. It is filled with knowledge and wisdom I am just pleased to let you know that this is actually the greatest publication i have read within my individual lifestyle and may be he best publication for at any time.*

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