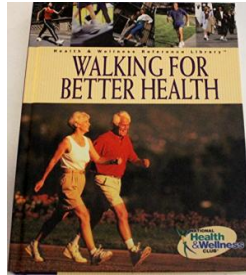


## Walking for Better Health



### Book Review

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**(Dr. Jerald Hansen)**

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