



## Food for Thought: The Joy of Living a Delicious Nutritious Financial Life (Paperback)

By Anita Saulite

Anita Saulite, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Welcome to Anita Saulite s old stone farmhouse where you will discover secrets for finding greater joy, balance and fulfillment in your life. In the comfort of her kitchen, Anita shares her step-by-step recipe for cooking up a Life Plan created from what really matters most in your relationships, everyday life and personal wellness. Learn how to demystify your money and use it as a simple and essential tool, like a cast iron skillet in the kitchen, in creating our financial well-being. Gather around the table and share engaging stories and evocative questions with women just like you as you turn the heat up on your goals. Anita s menu for a happy, healthy life will nourish you for a lifetime. Come celebrate that you can have your cake and eat it too! Food and finances - not exactly a pairing that comes immediately to mind, but Anita chose the relationship well! Most people relate food with enjoyment but finances don t usually receive the same accord. Thanks to Anita - she has linked them together delightfully....



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### Reviews

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-- Mrs. Bridgette Rau MD

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