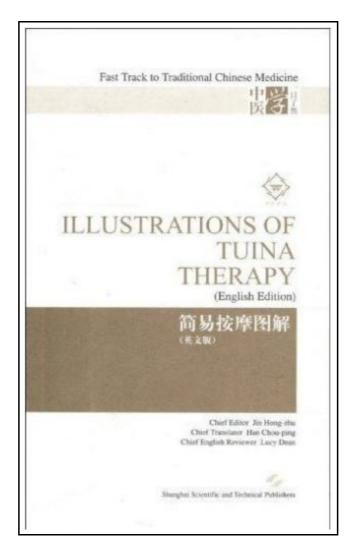
Illustrations Of Tuina Therapy



Filesize: 7.44 MB

Reviews

This ebook will be worth acquiring. It is actually writter in basic phrases instead of hard to understand. It is extremely difficult to leave it before concluding, once you begin to read the book. (Trystan Yundt)

ILLUSTRATIONS OF TUINA THERAPY



Shanghai Science and Technology Press, 2009. Soft cover. Book Condition: New. 185*130mm. This book introduces easy to administer tuina methods for 66 common diseases. There is a Chinese saying that states? sharp tools make good works; this edition; with colored illustrations; aims to serve as a sharp tool for those who prefer to deal common conditions using tuina manipulation. Part A Commonly Used Tuina Manipulations 1 Rolling ¿Gun¿ manipulation 2 Kneading ¿Rou¿ manipulation 3 Circular rubbing ¿Mo¿ manipulation 4 Rubbing ¿Ca¿ manipulation 5 Pushing ¿Tui¿ manipulation 6 Twisting ¿Cuo¿ manipulation 7 Vibrating ¿Don¿ manipulation 8 Pressing ¿Ya¿ manipulation 9 Digital pressing ¿Dian¿ manipulation 10 Pinching ¿Nie¿ manipulation 11 Twirling ¿Nian; manipulation 12 Grasping ¿Na; manipulation 13 Patting ¿Pal; manipulation 14 Tapping ¿Ji¿ manipulation 15 Shaking ¿Yao¿ manipulation 16 Pulling ¿Ban¿ manipulation 17 Plucking ¿Tan; manipulation 18 Pulling and stretching ¿Ba Shen; manipulation 19 Pressing and kneading ¿An Rou; manipulation 20 Grasping and kneading ¿Na Rou¿ manipulation Part B Tuina Therapy for Common Conditions 1 Stiff neck 2 Cervical spondylosis 3 Acute lumbar sprain 4 Chroniclumbar muscle strain 5 Degenerative spondylitis 6 Transverse process syndrome of the 3rd lumbar vertebra 7 Herniation of the lumbar intervertebrai disc ¿slipped disk¿ 8 Closed chest and hypochondrium injury 9 Subluxation of the sacroiliac joints 10 Piriformis syndrome 11 Lumbar myofasciitis 12 Shoulder periarthritis ¿frozen shoulder; 13 External humeral epicondylitis 14 Internal humeral epicondylitis 15 Sprain/contusion of the wrist joint 16 Carpal-tunnel syndrome 17 Strain of the iliotibial band 18 Osteoarthritis of the knee 19 Sprain/contusion of the ankle joint 20 Tenosynovitis of the long head of the biceps brachii 21 Injury to the medial head of the biceps brachii 22 Supraspinatus tendonitis 23 Subacromial bursitis 24 Bursitis of the olecranon 25 Stenosing tendosynovitis of the radial styloid 26 Phalangeal tendosynovitis 27 Ganglion cyst 28...



Read Illustrations Of Tuina Therapy Online Download PDF Illustrations Of Tuina Therapy

Related PDFs



Fox All Week: Level 3 (Paperback)

Penguin Putnam Inc, United States, 2004. Paperback. Book Condition: New. James Marshall (illustrator). Puffin Easy-To-Read ed.. 224 x 147 mm. Language: English . Brand New Book. Using their cache of already published easy-to-read books, Puffin...

Save ePub »



Read Write Inc. Phonics: Blue Set 6 Non-Fiction 1 Save the Whale (Paperback)

Oxford University Press, United Kingdom, 2016. Paperback. Book Condition: New. 185 x 72 mm. Language: N/A. Brand New Book. These decodable non-fiction books provide structured practice for children learning to read. Each set of books...

Save ePub »



My Windows 8.1 Computer for Seniors (2nd Revised edition)

Pearson Education (US). Paperback. Book Condition: new. BRAND NEW, My Windows 8.1 Computer for Seniors (2nd Revised edition), Michael Miller, Easy, clear, readable, and focused on what you want to do Step-by-step instructions for the...

Save ePub »



McGraw-Hill Reading Phonics And Phonemic Awareness Practice Book, Grade 3 (2001 Copyright)

McGraw-Hill, 2001. Soft cover. Book Condition: Brand New. Dust Jacket Condition: No Dust Jacket. Brand New 2001 Copyright, Grade 3 Student Phonics And Phonemic Awareness Practice Book With Units 1-6, Unit Reviews, Take-Home Stories, Illustrations...

Save ePub »



How The People Found A Home-A Choctaw Story, Grade 4 Adventure Book

McGraw Hill. Soft cover. Book Condition: Brand New. Dust Jacket Condition: No Dust Jacket. Brand New In Softcover Format, How The People Found A Home-A Choctaw Story, Grade 4 Adventure Book. 1-1-3.

Save ePub »



The Right Kind of Pride: A Chronicle of Character, Caregiving and Community (Paperback)

Right Kind of Pride, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. After 20 years of marriage author Christopher Cudworth and his

Download eBook »



Genuine] action harvest - Kunshan Yufeng Experimental School educational experiment documentary(Chinese Edition)

paperback. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment. Paperback. Pub Date :2005-09-01 Pages: 377 Publisher: Fujian Education Press title: action with harvest

Download eBook »



Readers Clubhouse Set B Lukes Mule (Paperback)

Barron s Educational Series, United States, 2006. Paperback. Book Condition: New. Shawn Costello (illustrator). 221 x 147 mm. Language: English . Brand New Book. This is volume five, Reading Level 2, in a comprehensive program

Download eBook »



ESL Stories for Preschool: Book 1 (Paperback)

Createspace, United States, 2013. Paperback. Book Condition: New. 212 x 210 mm. Language: English . Brand New Book ***** Print on Demand *****. A big attractive colourful book for ESL beginners, aged 3 to 5. It

Download eBook »



Readers Clubhouse Set B What Do You Say (Paperback)

Barron s Educational Series, United States, 2006. Paperback. Book Condition: New. Ann Losa (illustrator). 142 x 13 mm. Language: English . Brand New Book. This is volume six, Reading Level 2, in a comprehensive program

Download eBook »